

Virtual &
Face-To-Face
Leadership
Program

proteus
LEADERSHIP
creating great leaders

MULTI-SESSION PROGRAM

EMERGING LEADERS

Giving Supervisors And Team Leaders A Launchpad To Success



Brisbane

| Sydney

| Newcastle

| Adelaide

ABOUT THE PROGRAM

Today like never before, organisations need supervisors and team leaders who are highly effective and produce results through people.

Technical skills and experience on the job were often sufficient in the past, but having the knowledge and skills to manage yourself and others is also essential in today's business environment.

Many of the mistakes that supervisors make are simply because they have not been shown the right way at the beginning and therefore they develop bad habits. So why not get the ideas and processes right from the start?

Emerging leaders need to understand what they are aiming for, but more importantly they need to be equipped with the right skills and tools to achieve their objectives.

Over 4 x half-days expert Proteus facilitators will deliver 4 virtual sessions exploring a range of topics, all focused on giving future leaders a launchpad to success.

These sessions will be supported by a 1 hour launch, pre-program and 1.5 hour Program Review.

All of our facilitators are experienced in leadership and management across a diverse range of industries.

They deliver this program in a professional, relaxed and fun-filled way and their motivational, non-threatening and supportive approach is one of the main reasons people choose to learn with Proteus Leadership.

Proteus facilitators are also committed to ensuring that participants leave the program not only with a better understanding of how to lead and manage people, but with the practical skills required to make it happen.

This is a very practical and dynamic program that will ensure emerging leaders have a greater chance of success and feel an enormous sense of achievement as they grow into their roles.

BENEFITS OF TRAINING WITH PROTEUS

- ✓ **State of the art workbooks** which allow participants to immerse themselves into a truly engaging experience.
- ✓ **Group work** allowing participants to work in smaller groups to complete activities and workshop ideas.
- ✓ **World-class facilitators** who are dedicated to helping people change their behaviour and actions.
- ✓ **Inspirational and practical content** that can be used immediately.
- ✓ **Certificate of Completion and badge** that you can share on social media.

PROGRAM STAGES



Getting Started

Upon confirmation of your program, Proteus will provide you with the zoom link and additional comms to distribute to your team. Prior to the program, Proteus will provide you with an interactive workbook to download and use on the day of training. We ask all participants to pre install Zoom prior to the launch, to ensure that 1 device per person is used and that each participant has access to a web camera.

PL

Program Launch (Virtual)

This **1 hour virtual launch** will provide participants with an overview of the program introducing concepts relating to the topic. This will set participants up for success, both throughout the program, and in applying their learning back into the workplace.

This applies both Virtual and Face-to-face programs.

VIRTUAL

S1

S2

S3

S4

Program Sessions

Participants will attend either **4 x half-day virtual sessions** or **2 x full-day face-to-face sessions** and will be provided with an extensive program manual.

Our expert facilitators will work with participants to get the most from these sessions.

FACE-TO-FACE

S1/S2

S3/S4

PR

Program Review (Virtual)

This **1.5 hour virtual session** will focus on reviewing and embedding the learnings from the previous sessions. **This applies both Virtual and Face-to-face programs.**



Certificate Of Completion

Participants will receive a personalised 'Certificate of Completion' and a badge that they can share on social media and display in their profiles.



PROGRAM INVESTMENT

Individual Investment – Public Programs

Prices valid from January 1st 2026

Individual – (Virtual) ————— \$1,600pp + GST

Individual – (Face-To-Face) ————— \$1,950pp + GST

Corporate Table – 6 Delegates
(Face-to-face) ————— \$10,200 + GST

All prices are in AUD



“ My experience on this course has been really good. The interactive workshop type delivery method keeps an active involvement going. The course material was very structured and planned. I have learned from all the sessions that were talked on during the course. ”

Vishesh Arora - SKF Australia Pty Ltd

“ The Emerging Leaders course was engaging & relevant. Despite having a room full of strangers from all different careers - we all were able to work together to problem solve & come up with ideas to improve our teams. ”

Natalie Anderson - Fresh Hope Care

PROGRAM DATES

2026

Virtual (4-Half-Day Program)

| Program Launch | Session 1 | Session 2 | Session 3 | Session 4 | Program Review |
|----------------|-----------|-----------|-----------|-----------|----------------|
| 17 Feb | 24 Feb | 03 Mar | 10 Mar | 17 Mar | 24 Mar |

Face-To-Face (2-Full-Day Program)

Brisbane

| Program Launch | Session 1 and Session 2 | Session 3 and Session 4 | Program Review |
|----------------|-------------------------|-------------------------|----------------|
| 06 May | 13 May | 14 May | 20 May |

Face-To-Face (2-Full-Day Program)

Sydney

| Program Launch | Session 1 and Session 2 | Session 3 and Session 4 | Program Review |
|----------------|-------------------------|-------------------------|----------------|
| 06 May | 13 May | 14 May | 20 May |

Virtual (4-Half-Day Program)

| Program Launch | Session 1 | Session 2 | Session 3 | Session 4 | Program Review |
|----------------|-----------|-----------|-----------|-----------|----------------|
| 04 Jun | 11 Jun | 18 Jun | 25 Jun | 02 Jul | 09 Jul |

Face-To-Face (2-Full-Day Program)

Newcastle

| Program Launch | Session 1 and Session 2 | Session 3 and Session 4 | Program Review |
|----------------|-------------------------|-------------------------|----------------|
| 10 Jun | 17 Jun | 18 Jun | 24 Jun |

Face-To-Face (2-Full-Day Program)

Adelaide

| Program Launch | Session 1 and Session 2 | Session 3 and Session 4 | Program Review |
|----------------|-------------------------|-------------------------|----------------|
| 15 Sep | 22 Sep | 23 Sep | 29 Sep |

Virtual (4-Half-Day Program)

| Program Launch | Session 1 | Session 2 | Session 3 | Session 4 | Program Review |
|----------------|-----------|-----------|-----------|-----------|----------------|
| 06 Oct | 13 Oct | 20 Oct | 27 Oct | 10 Nov | 17 Nov |

Multi-Session Programs (Virtual)

| | |
|----------------|------------------|
| Program Launch | 1:00pm – 2:00pm |
| Session 1 | 9:00am – 12:30pm |
| Session 2 | 9:00am – 12:30pm |
| Session 3 | 9:00am – 12:30pm |
| Session 4 | 9:00am – 12:30pm |
| Program Review | 1:00pm – 2:30pm |

AEST/AEDT

Multi-Session Programs (Face-to-face)

| | |
|----------------|-----------------|
| Program Launch | 1:00pm – 2:00pm |
| Session 1 & 2 | 8:45am – 4:30pm |
| Session 3 & 4 | 8:45am – 4:30pm |
| Program Review | 1:00pm – 2:30pm |

AEST/AEDT

2026 1 Jan – 4 Apr — AEDT
5 Apr ——— AEDT → AEST
4 Oct ——— AEST → AEDT

Program Launch (Virtual) - 1:00pm - 2:00pm

For Virtual and Face-to-face programs

This 1 hour Virtual launch will provide participants with an overview of the program introducing concepts relating to the topics. This will set participants up for success, both throughout the program, and in applying their learning back into the workplace.

Program Sessions

Virtual - AM 9:00am - 12:30pm

Face-To-Face - 8:45am - 4:30pm

Session 1

Setting Yourself Up For Success

- Discovering New Ways Of Leading
- Understanding Your Role
- Establishing Clear Goals
- Establishing Low Effort/High reward Thinking
- Developing Emotional Intelligence
- Developing The Art Of Communication

Session 2

Building Effective Teams

- Characteristics of Great Teams
- Moving From Mate To Manager
- Using Power, Authority And Influence Effectively
- Managing Up With Influence
- Learning The Art Of Delegation
- Motivating Yourself And Others
- Managing Psychological Safety In The Workplace

Session 3

Making Decisions That Matter

- Why decisiveness is critical to leadership credibility
- How to utilise the creative and the critical thinking stages
- Establishing your leadership intuitiveness for critical decisions
- Building in risk and failure as a part of success
- Learning how to stay in the question
- Maximising decisions using De Bono's 'Six Hats' model

Session 4

Moving From Busyness To Effectiveness

- Imagine
- Quit Busyness and Get Focussed
- Manage Your Energy - Not Your Time
- Energy Effectiveness is Your X-Factor
- The Critical Three - KRAs, Frogs and Your ABCs
- Transforming Distractions and Digital Addictions
- Creating Keystone Habits
- The Proteus E-Factor

Program Review (Virtual) - 1:00pm - 1:30pm

For Virtual and Face-to-face programs

This 1.5 hour Virtual session will focus on reviewing and embedding the learnings from the previous sessions.

2026

1 Jan - 4 Apr AEDT

5 Apr AEDT → AEST

4 Oct AEST → AEDT



PROGRAM INVESTMENT IN-HOUSE

This Leadership program can also be conducted In-house (either Virtually, Face-to-Face or a Hybrid approach). Proteus facilitators will run your program for up to 15 people. Extra participants can be added at an additional cost.



Virtual Investment

Program Launch - 1 Hour (Virtual)

Program Welcome & Overview

Program Sessions - 4 x Half-Day (3.5 hours/day)

Up to 15 participants.

Program Review - 1.5 Hours (Virtual)

Individual or Group Presentations - Optional
Organised Internally by the Client

2026

\$24,000 + GST

Extra participants over 15 charged at \$1,395pp + GST



Face-to-Face Investment

Program Launch - 1 Hour (Virtual)

Program Welcome & Overview

Program Sessions - 2 x Full-Days (8 hours/day)

Up to 15 participants.

Program Review - 1.5 Hours (Virtual)

Individual or Group Presentations - Optional
Organised Internally by the Client

2026

\$29,250 + GST

Extra participants over 15 charged at \$1,695pp + GST

Hybrid (combination of Virtual and Face To Face delivery) options are available upon request. Additional travel costs may apply to rural and regional areas.



Virtual: Interactive Program manual PDF copy

Face-to-face: Printed Program manual



Proteus Certificate of Completion



Full Zoom & Teams Management for Virtual Programs



For further information contact our team on: 1300 219 903

Cancellation Policy: Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. All cancellations/transfers must be received in writing. Refunds will not be given unless at least 30 working days notice prior to the program is provided. No refunds will be given after this date. A 10% (of total

cost) administration fee will be deducted for all cancellations. If you are unable to participate, a substitute participant (transfer) is welcome if written notice is given prior to the program but will incur a \$75 administration fee. *Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

USING ZOOM

Proteus Leadership has committed to using the ZOOM platform for our Virtual Webinars, Workshops and Multi-session programs. Here are some things about your ZOOM program that you should know:

- It is simple and intuitive to set up
- A link to your program will be sent to you on confirmation and then on the day of the program. You will be asked to click on the link, download and join the meeting or webinar
- You can participate on any device, however a desktop or laptop computer is recommended
- With updated security features, Zoom is a safe place to meet virtually
- Throughout your program, interactive features will be used including: Polls, Q&A and Chat boxes
- In our workshops and Leadership programs participants will be able to work in multiple breakout rooms where they can interact with each other in groups

Proteus facilitators will make your Virtual program an interactive and informative experience that will change the way you lead.

Virtual

All of our public and In-house programs will be running through the **Zoom platform**. Remember, you don't have to sign up to Zoom to use it.

PERSONAL COACHING

No matter how powerful and helpful a personal development program can be, sometimes we stumble when trying to implement the skills back into our workplaces.

To assist in this area, Proteus is now offering post program personal coaching sessions via Teams, Zoom or Phone. Each session is 45 minutes duration and is conducted by one of our professional team.

Coaching Investment

| | |
|--------------------------------|-----------------|
| 3 Sessions (\$650 per session) | \$1,950pp + GST |
| 4 Sessions (\$600 per session) | \$2,400pp + GST |
| 5 Sessions (\$550 per session) | \$2,750pp + GST |

All prices are in AUD

Please feel free to speak to one of our helpful team to discuss a post program coaching plan for you and/or your team.

HOW TO REGISTER

Online

Payment Methods







Credit Card Request Invoice

By phone

Call us on 1300 219 903

Payment Methods



Credit Card Request Invoice Direct Debit

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Adelaide | Brisbane | Melbourne | Sydney | Central Coast - NSW | Noosa - Northern QLD