

MOVING FROM BUSYNESS TO EFFECTIVENESS

Find your focus and create more with less



proteus
LEADERSHIP
creating great leaders

Online Learning Program

Program Overview

This program will help busy leaders and teams to focus on their priorities and establish strategies to bring about sustainable behavioural change and transformational positive habits.

This is not just another time management program. This workshop helps participants to change the way they think, lead themselves and lead others.

This session will also equip participants with insights, tools and templates to move themselves and their teams from busyness to effectiveness.



Topics

Topic 1 A Culture of Busyness or Effectiveness (Your Choice!)

Topic 2 Managing Your Energy Not Your Time

Topic 3 Using The Ultradian Rhythm Model

Topic 4 Understanding Your Key Result Areas

Topic 5 The Digital Influence On Time And Energy

Topic 6 Creating And Replacing Habits

Topic 7 Using The Proteus E-Factor Model



Online Learning

This workshop is offered as an **online learning program**.

This **self-paced** option puts the individual in control of their own learning whilst still offering the same level of interaction, resources and content as our face to face or virtual workshops.

Online learning is perfect for people who work full time, lead busy lives or like to learn in a flexible way that allows them to choose when and where they want to complete training.



Interactive
Manual

+



Certificate
Of Completion

+



Digital
Badge

Investment Online Learning Program

Self-paced Program

Participants can commence the program at any time throughout the year.

\$295 per person + GST

Group Bookings

Why not purchase a **Group Package** where multiple staff members can learn at their convenience? Email us today to discuss options: online@proteusleadership.com or call us on: **1300 219 903**

In-house

All of our programs can be conducted as virtual or face-to-face In-house programs. Proteus can also customise an In-house program, tailoring it to your company's needs. Contact our team to discuss your requirements on: **1300 219 903**

Cancellation Policy: Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. Refunds will not be given within 7 days of the program date. Transfers to another program date or a replacement person, can be made up to 48 hours prior to the program, if submitted in writing. No refunds or transfers can be made after this time. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

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