

Workshop

proteus
LEADERSHIP
creating great leaders

MOVING FROM **MATE** TO **MANAGER**

The Power of Understanding Workplace Relationships

2026



"One key take away that I got from this workshop was about moving from "Mate to Manager". This is something I realised when I stepped into a Senior Role. There's a difference and time when you can act as a mate however need to act as a manager at the right times as I tend to get distracted by the differences between these two."

Mimi Nguyen

"The active listening components and the Mate To Manager aspects really interested with me. I believe there was some really useful tools I can use to implement in my day to day workings."

Tony Podolak

Program Overview

Today like never before, organisations need supervisors and team leaders who are highly effective and produce results through people. Technical skills and experience on the job were often sufficient in the past, but having the insights and skills to move from 'Mate to Manager' is essential in today's workplaces.

Many of the mistakes that supervisors make are simply because they have not been shown a better way at the beginning and therefore they can develop bad habits. So that is why we want to get the ideas and processes right from the start?

This program is both practical and dynamic. It has been designed to give you the best chance of success as you grow in your leadership role.

Topics

- ▶ Understanding Your Role
- ▶ Understanding Effective Teams
- ▶ Moving From Mate To Manager
- ▶ The Art Of Delegation
- ▶ Motivating Yourself And Others
- ▶ Building Trust And Managing Conflict
- ▶ Managing Psychological Safety In The Workplace

Learning Outcomes

- ▶ Understand your role and team dynamics
- ▶ Transition from peer to leader with confidence
- ▶ Build trust and manage conflict effectively
- ▶ Motivate others to drive performance

Dates - Half-Day Virtual Workshop

11 Feb 2026 SOLD OUT!	16 Apr 2026 SOLD OUT!	15 Jul 2026	17 Sep 2026	01 Dec 2026
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Times: 9:00am - 12:30pm

Investment

Individual **\$325pp + GST**

To view the schedule or to register in to the workshop click on the button below.

MORE INFO

In-house

All of our programs can be conducted as virtual or face-to-face In-house programs. Proteus can also customise an In-house program, tailoring it to your company's needs.

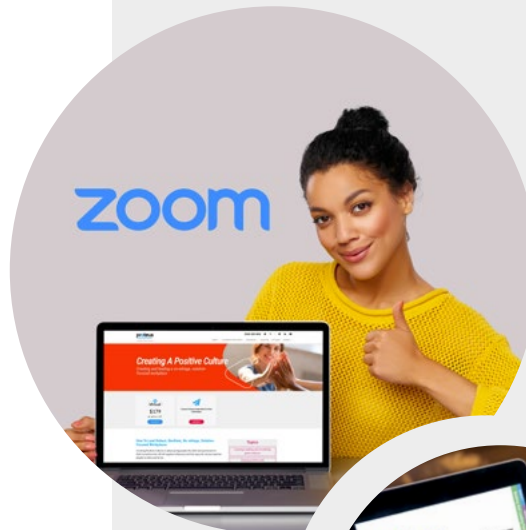
Contact our team to discuss your requirements on: [1300 219 903](tel:1300219903)

Virtual

All of our public and In-house programs will be running through the **Zoom platform**. Remember, you don't have to sign up to Zoom to use it.

Benefits of training with Proteus

- ✓ **Interactive workbooks** which allow participants to immerse themselves into a truly engaging experience.
- ✓ **Virtual break out rooms** are used to allow participants to work in smaller groups to complete activities and workshop ideas.
- ✓ **World-class facilitators** who are dedicated to helping people change their behaviour and actions.
- ✓ **Inspirational and practical content** that can be used immediately.



Cancellation Policy:

Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. Refunds will not be given within 7 days of the program date. Transfers to another program date or a replacement person, can be made up to 48 hours prior to the program, if submitted in writing. No refunds or transfers can be made after this time. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

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