

Virtual  
Leadership  
Program

**proteus**  
LEADERSHIP

*creating great leaders*

MULTI-SESSION PROGRAM

# THE LEADER AS COACH

Leaders Helping Others Reach Their Potential



# ABOUT THE PROGRAM

It is an absolute privilege to be in a leadership role, but an even greater privilege when we have the opportunity to coach others to success.

This powerful 4 X half-day – **The Leader As Coach** program, has been designed to assist leaders to become exceptional everyday workplace coaches who know how to motivate, inspire and bring out the best in their staff.

The learning outcomes are practical and can be applied back into your workplace immediately, by learning how to:

- Deliver quality one-on-one coaching sessions
- Leverage strengths to increase staff potential
- Develop mindsets that enable growth
- Coach yourself to progress your own leadership skills
- Use emotional intelligence to build rapport
- Take your communication skills to the next level
- Embrace and coach different behavioural styles
- Identify coaching roadblocks and solutions
- Understand how to coach teams
- Create a coaching culture

**Great Leaders are also great coaches.**



## BENEFITS OF TRAINING WITH PROTEUS

- ✓ **State of the art workbooks** which allow participants to immerse themselves into a truly engaging experience.
- ✓ **Group work** allowing participants to work in smaller groups to complete activities and workshop ideas.
- ✓ **World-class facilitators** who are dedicated to helping people change their behaviour and actions.
- ✓ **Inspirational and practical content** that can be used immediately.
- ✓ **Certificate of Completion and badge** that you can share on social media.

# PROGRAM STAGES



## Getting Started

On registration, participants will receive confirmation of their booking followed by a reminder 2 weeks before the program. This email will contain a single link that will be used for all of the Zoom sessions and will give you access to the program interactive manual.

We ask all participants to pre-install Zoom prior to the Program Launch and to ensure that they have access to a device that has a Web Camera installed.



## Program Launch - Virtual

This 1 hour virtual launch will provide participants and their managers with an overview of the program introducing concepts relating to the topic. This will set participants up for success, both throughout the program, and in applying their learning back into the workplace.



## Program Sessions - Virtual

Participants will attend 4 x half-day **Virtual sessions** and will be provided with an extensive interactive program manual.

Our expert facilitators will work with participants to get the most from these sessions.



## Group Coaching/ Implementation - Virtual

This 1.5 hour virtual session will focus on reviewing and embedding the learnings from the previous sessions.



## Certificate Of Completion

Participants will received a personalised 'Certificate of Completion' and a badge that they can share on social media and display in their profiles.



# PROGRAM INVESTMENT

## Individual Investment – Public Programs

Prices valid from January 1<sup>st</sup> 2024

Individual - (Virtual) ————— \$1,450pp + GST

Individual - (Face-To-Face) ————— \$1,850pp + GST

Corporate Table - 6 Delegates (Face-to-face) ————— \$9,900 + GST

All prices are in AUD



## PERSONAL COACHING

No matter how powerful and helpful a personal development program can be, sometimes we stumble when trying to implement the skills back into our workplaces.

To assist in this area, Proteus is now offering post program personal coaching sessions via phone or Zoom. Each session is **45 minutes** duration and is conducted by one of our professional team.

### Coaching Investment

3 Sessions \$1,500pp + GST

4 Sessions \$1,800pp + GST

5 Sessions \$2,125pp + GST

All prices are in AUD

Please feel free to speak to one of our helpful team to discuss a post program coaching plan for you and/or your team.

# PROGRAM DATES - 2024

### Virtual (4-Half-Day Program)

Program Launch	Session 1	Session 2	Session 3	Session 4	Group Coaching
10 Apr	17 Apr	24 Apr	01 May	08 May	15 May

### Virtual (4-Half-Day Program)

Program Launch	Session 1	Session 2	Session 3	Session 4	Group Coaching
18 Sep	25 Sep	02 Oct	09 Oct	16 Oct	23 Oct

● Program Launch 2:00pm - 3:00pm ● Virtual Training Sessions 9:00am - 12:30pm ● Group Coaching/Implementation 2:00pm - 3:30pm

2023 2 Apr \_\_\_ AEDT → AEST  
1 Oct \_\_\_ AEST → AEDT

2024 7 Apr \_\_\_ AEDT → AEST  
6 Oct \_\_\_ AEST → AEDT



The program was excellent. The resource manual is something that I will revisit to ensure I get the most out of the program but as a starting point I will be using the GROW model and GROUP model with my team. Thanks for running such an engaging course - I think we got lucky with a great group of participants as well who shared insights from different perspectives.

**Justin Carroll**

# PROGRAM SESSIONS

# VIRTUAL

## Program Launch (Virtual) - 2:00pm - 3:00pm

This 1 hour Virtual launch will provide participants and their managers with an overview of the program introducing concepts relating to the topics. This will set participants up for success, both throughout the program, and in applying their learning back into the workplace.



## Program Sessions (Virtual) - 9:00am - 12:30pm

### Session 1

#### Harnessing The Power Of Coaching

- Introduction To Coaching
- Establishing A Growth Mindset
- Shifting Into A Coaching Mindset
- Becoming 'The Leader As Coach'
- How To Deliver A Coaching Session
- GROW Coaching Practice
- Applying BOOST Coaching

# 1

### Session 2

#### Taking Your Coaching Skills To The Next Level

- Coaching With Insight
- Know The Skills Needed To Coach
- Building Rapport
- Using Emotional Intelligence
- Applying Deep Listening Techniques
- Creating Opportunities For Growth
- Understanding And Embracing Behavioural Styles
- Coaching To Behavioural Styles

# 2

### Session 3

#### Bringing Out The Best In Your Staff

- The Art Of Asking Great Questions
- Moving From Problems To Solutions
- Using Strengths To Develop Staff Potential
- Crafting Boost Coaching Techniques
- Identifying Coaching Roadblocks And Solutions
- Facilitating Mindset Change
- Developing Optimism

# 3

### Session 4

#### Applying Coaching To Teams

- The 3 Pillars Of Team Coaching
  - Bigger Picture Perspective
  - Team Context
  - Team Culture
- 'Keep-Stop-Start' Team BOOST Coaching
- Your Group Coaching Roadmap
- Rehearse, Immerse And Converse
- Crafting Your Action Plan

# 4

## Group Coaching/Implementation (Virtual) - 2:00pm - 3:30pm

This 1.5 hour Virtual session will focus on reviewing and embedding the learnings from the previous sessions.

2023 2 Apr \_\_\_ AEDT → AEST  
1 Oct \_\_\_ AEST → AEDT

2024 7 Apr \_\_\_ AEDT → AEST  
6 Oct \_\_\_ AEST → AEDT



# PROGRAM INVESTMENT IN-HOUSE

This Leadership program can also be conducted In-house (either Virtually, Face-to-Face or a Hybrid approach). Proteus facilitators will run your program for up to 15 people. Extra participants can be added at an additional cost.



## Virtual Investment

### Program Launch - 1 Hour (Virtual)

Program Welcome & Overview

### Program Sessions - 4 x Half-Day (3.5 hours/day)

Up to 15 participants.

### Group Coaching / Implementation - 1.5 Hours (Virtual)

Individual or Group Presentations - Optional  
Organised Internally by the Client

**\$21,000 + GST**

Extra participants over 15 charged at \$1,250pp + GST



## Face-to-Face Investment

### Program Launch - 1 Hour (Virtual)

Program Welcome & Overview

### Program Sessions - 2 x Full-Days (8 hours/day)

Up to 15 participants.

### Group Coaching / Implementation - 1.5 Hours (Virtual)

Individual or Group Presentations - Optional  
Organised Internally by the Client

**\$26,000 + GST**

Extra participants over 15 charged at \$1,650pp + GST

Hybrid (combination of Virtual and Face To Face delivery) options are available upon request. Additional travel costs may apply to rural and regional areas.



**Virtual:** Interactive Program manual PDF copy

**Face-to-face:** Printed Program manual



Proteus Certificate of Completion



Full Zoom & Teams Management for Virtual Programs



**For further information contact our team on: 1300 219 903**

**Cancellation Policy:** Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. All cancellations/transfers must be received in writing. Refunds will not be given unless at least 30 working days notice prior to the program is provided. No refunds will be given after this date. A 10% (of total

cost) administration fee will be deducted for all cancellations. If you are unable to participate, a substitute participant (transfer) is welcome if written notice is given prior to the program but will incur a \$75 administration fee.

\*Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

# USING ZOOM

Proteus Leadership has committed to using the ZOOM platform for our Virtual Webinars, Workshops and Multi-session programs. Here are some things about your ZOOM program that you should know:

- It is simple and intuitive to set up
- A link to your program will be sent to you on confirmation and then on the day of the program. You will be asked to click on the link, download and join the meeting or webinar
- You can participate on any device, however a desktop or laptop computer is recommended
- With updated security features, Zoom is a safe place to meet virtually
- Throughout your program, interactive features will be used including: Polls, Q&A and Chat boxes
- In our workshops and Leadership programs participants will be able to work in multiple breakout rooms where they can interact with each other in groups

Proteus facilitators will make your Virtual program an interactive and informative experience that will change the way you lead.

## Virtual

Although our preferred Virtual platform is **ZOOM**, we are now offering to run our Virtual Programs and workshops on **TEAMS** for In-house programs. However, all of our publicly scheduled workshops will remain on Zoom at this stage. Remember, you don't have to sign up to Zoom to use it.

# HOW TO REGISTER



## Payment Methods



Credit Card



Request Invoice



Call us on 1300 219 903

## Payment Methods



Credit Card



Request Invoice



Direct Debit

# proteus LEADERSHIP

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