

MULTI-SESSION PROGRAM

THE LEADER AS COACH

Leaders Helping Others Reach Their Potential

2026



ABOUT THE PROGRAM

It is an absolute privilege to be in a leadership role, but an even greater privilege when we have the opportunity to coach others to success.

This powerful 4 X half-day – **The Leader As Coach** program, has been designed to assist leaders to become exceptional everyday workplace coaches who know how to motivate, inspire and bring out the best in their staff.

These sessions will be supported by a 1 hour launch, pre-program and 1.5 hour Program Review.

The learning outcomes are practical and can be applied back into your workplace immediately, by learning how to:

- Deliver quality one-on-one coaching sessions
- Leverage strengths to increase staff potential
- Develop mindsets that enable growth
- Coach yourself to progress your own leadership skills
- Use emotional intelligence to build rapport
- Take your communication skills to the next level
- Embrace and coach different behavioural styles
- Identify coaching roadblocks and solutions
- Understand how to coach teams
- Create a coaching culture

Great Leaders are also great coaches.



BENEFITS OF TRAINING WITH PROTEUS

- ✓ **State of the art workbooks** which allow participants to immerse themselves into a truly engaging experience.
- ✓ **Group work** allowing participants to work in smaller groups to complete activities and workshop ideas.
- ✓ **World-class facilitators** who are dedicated to helping people change their behaviour and actions.
- ✓ **Inspirational and practical content** that can be used immediately.
- ✓ **Certificate of Completion and badge** that you can share on social media.

PROGRAM STAGES



Getting Started

Upon confirmation of your program, Proteus will provide you with the zoom link and additional comms to distribute to your team. Prior to the program, Proteus will provide you with an interactive workbook to download and use on the day of training. We ask all participants to pre install Zoom prior to the launch, to ensure that 1 device per person is used and that each participant has access to a web camera.



Program Launch - Virtual

This 1 hour virtual launch will provide participants with an overview of the program introducing concepts relating to the topic. This will set participants up for success, both throughout the program, and in applying their learning back into the workplace.



Program Sessions - Virtual

Participants will attend **4 x half-day Virtual sessions** and will be provided with an extensive interactive program manual.

Our expert facilitators will work with participants to get the most from these sessions.



Program Review - Virtual

This 1.5 hour virtual session will focus on reviewing and embedding the learnings from the previous sessions.



Certificate Of Completion

Participants will received a personalised 'Certificate of Completion' and a badge that they can share on social media and display in their profiles.



PROGRAM INVESTMENT

Individual Investment – Public Programs

Prices valid from January 1st 2026

Individual – (Virtual)

\$1,600pp + GST



PROGRAM DATES

2026

Virtual (4-Half-Day Program)

Program Launch	Session 1	Session 2	Session 3	Session 4	Program Review
22 Apr	29 Apr	06 May	13 May	20 May	27 May

Virtual (4-Half-Day Program)

Program Launch	Session 1	Session 2	Session 3	Session 4	Program Review
03 Sep	10 Sep	17 Sep	24 Sep	01 Oct	08 Oct

Multi-Session Programs (Virtual)

Program Launch 1:00pm – 2:00pm

Session 1 9:00am – 12:30pm

Session 2 9:00am – 12:30pm

Session 3 9:00am – 12:30pm

Session 4 9:00am – 12:30pm

Program Review 1:00pm – 2:30pm

AEST/AEDT

2026

1 Jan – 4 Apr __ AEDT

5 Apr ____ AEDT → AEST

4 Oct ____ AEST → AEDT

“ I really enjoyed the course and how it was delivered. It was a great opportunity for me to review my practice and implement new strategies to support staff that I manage and lead. ”

James Houghton

Department of Justice and Attorney General - QLD

“ I thoroughly enjoyed the program and gained a lot of new insights and strategies from it. The presenters were highly engaging and authentic - the insights and learning came from the heart and from core beliefs. I found it of great benefit to be in a 'mixed' group; those from other organisations gave me new perspectives on common issues. Previous Proteus training I have been involved in was specifically for the sector workplace that I am involved in. ”

Dianne Hutchins - South West TAFE



PROGRAM SESSIONS VIRTUAL

Program Launch (Virtual) - 1:00pm - 2:00pm

This 1 hour Virtual launch will provide participants with an overview of the program introducing concepts relating to the topics. This will set participants up for success, both throughout the program, and in applying their learning back into the workplace.

Virtual - AM 9:00am - 12:30pm

Session 1

Harnessing The Power Of Coaching

- Introduction To Coaching
- Establishing A Growth Mindset
- Shifting Into A Coaching Mindset
- Becoming 'The Leader As Coach'
- How To Deliver A Coaching Session
- GROW Coaching Practice
- Applying BOOST Coaching

1

Session 2

Taking Your Coaching Skills To The Next Level

- Coaching With Insight
- Know The Skills Needed To Coach
- Building Rapport
- Using Emotional Intelligence
- Applying Deep Listening Techniques
- Creating Opportunities For Growth
- Understanding And Embracing Behavioural Styles
- Coaching To Behavioural Styles

2

Session 3

Bringing Out The Best In Your Staff

- The Art Of Asking Great Questions
- Moving From Problems To Solutions
- Using Strengths To Develop Staff Potential
- Crafting Boost Coaching Techniques
- Identifying Coaching Roadblocks And Solutions
- Facilitating Mindset Change
- Developing Optimism

3

Session 4

Applying Coaching To Teams

- The 3 Pillars Of Team Coaching
 - Bigger Picture Perspective
 - Team Context
 - Team Culture
- 'Keep-Stop-Start' Team BOOST Coaching
- Your Group Coaching Roadmap
- Rehearse, Immerse And Converse
- Crafting Your Action Plan

4

Program Review (Virtual) - 1:00pm - 2:30pm

This 1.5 hour Virtual session will focus on reviewing and embedding the learnings from the previous sessions.

2026

1 Jan - 4 Apr __ AEDT

5 Apr ____ AEDT → AEST

4 Oct ____ AEST → AEDT



PROGRAM INVESTMENT IN-HOUSE

This Leadership program can also be conducted In-house (either Virtually, Face-to-Face or a Hybrid approach). Proteus facilitators will run your program for up to 15 people. Extra participants can be added at an additional cost.



Virtual Investment

Program Launch - 1 Hour (Virtual)

Program Welcome & Overview

Program Sessions - 4 x Half-Day (3.5 hours/day)

Up to 15 participants.

Program Review - 1.5 Hours (Virtual)

Individual or Group Presentations - Optional

Organised Internally by the Client

2026

\$24,000 + GST

Extra participants over 15 charged at \$1,395pp + GST



Face-to-Face Investment

Program Launch - 1 Hour (Virtual)

Program Welcome & Overview

Program Sessions - 2 x Full-Days (8 hours/day)

Up to 15 participants.

Program Review - 1.5 Hours (Virtual)

Individual or Group Presentations - Optional

Organised Internally by the Client

2026

\$29,250 + GST

Extra participants over 15 charged at \$1,695pp + GST

Hybrid (combination of Virtual and Face To Face delivery) options are available upon request. Additional travel costs may apply to rural and regional areas.



Virtual: Interactive Program manual PDF copy

Face-to-face: Printed Program manual



Proteus Certificate of Completion



Full Zoom & Teams Management for Virtual Programs



For further information contact our team on: 1300 219 903

Cancellation Policy: Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. All cancellations/transfers must be received in writing. Refunds will not be given unless at least 30 working days notice prior to the program is provided. No refunds will be given after this date. A 10% (of total

cost) administration fee will be deducted for all cancellations. If you are unable to participate, a substitute participant (transfer) is welcome if written notice is given prior to the program but will incur a \$75 administration fee. *Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

USING ZOOM

Proteus Leadership has committed to using the ZOOM platform for our Virtual Webinars, Workshops and Multi-session programs. Here are some things about your ZOOM program that you should know:

- It is simple and intuitive to set up
- A link to your program will be sent to you on confirmation and then on the day of the program. You will be asked to click on the link, download and join the meeting or webinar
- You can participate on any device, however a desktop or laptop computer is recommended
- With updated security features, Zoom is a safe place to meet virtually
- Throughout your program, interactive features will be used including: Polls, Q&A and Chat boxes
- In our workshops and Leadership programs participants will be able to work in multiple breakout rooms where they can interact with each other in groups

Proteus facilitators will make your Virtual program an interactive and informative experience that will change the way you lead.

Virtual

All of our public and In-house programs will be running through the **Zoom platform**. Remember, you don't have to sign up to Zoom to use it.

PERSONAL COACHING

No matter how powerful and helpful a personal development program can be, sometimes we stumble when trying to implement the skills back into our workplaces.

To assist in this area, Proteus is now offering post program personal coaching sessions via Teams, Zoom or Phone. Each session is 45 minutes duration and is conducted by one of our professional team.

Coaching Investment

3 Sessions (\$650 per session)	\$1,950pp + GST
4 Sessions (\$600 per session)	\$2,400pp + GST
5 Sessions (\$550 per session)	\$2,750pp + GST

All prices are in AUD

Please feel free to speak to one of our helpful team to discuss a post program coaching plan for you and/or your team.

HOW TO REGISTER

Online

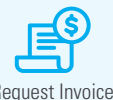
Payment Methods



By phone

Call us on 1300 219 903

Payment Methods



proteus
LEADERSHIP

creating great leaders

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