Workshop

proteus LEADERSHIP
creating great leaders

Understanding and Managing Behaviour

2026/ 2027

It's the differences that make the difference!

PROTEUS Virtual

"A very informative course that I'll be able to use to transform individual interactions with staff as well as team interactions and performance."
Kate Vickers

"An opportunity to gain insight into your own patterns of behaviour and how this affects your interaction with others."
Linda Lacey

"Helped me to understand the different behavioural style characteristics and how best to use them to work in a team."
Kris Dalitz

Program Overview

One of the most important components of a contemporary leader's role is to have an understanding of themselves and their behaviours and also the behaviours of those people that they are working with or leading.

When we understand the differences in people and how those differences can actually work together to create a better result, we begin to see an improvement in the way we relate with each other and in the culture within our workplaces, because it is the differences that make the difference.

This half-day interactive virtual workshop will give you answers to why people behave the way they do and will equip you with strategies to initiate better communication and better relationships. During the virtual workshop we will look at Behavioural Styles and how they can be used.

Topics

- *Introduction To Behaviour And Patterns*
- *Steps To Understanding Human Behaviour*
- *Using The Behaviour Factor Model*
- *Developing Adaptability Strategies*
- *Understanding Pressure And Stress*
- *Building Better Teams And Stronger Workplace Relationships*
- *Behavioural Recruitment And Selection*
- *Managing Poor Behaviour And Supporting Good Behaviour*
- *Conducting Behavioural Meetings*
- *Building Better Personal Relationships*

Learning Outcomes

- *Recognise your behaviour patterns and the patterns of others better*
- *Build resilience to handle pressure and challenges*
- *Apply behaviour insights to manage people effectively*
- *Improve relationships through clear communication*

Dates - Half-Day Virtual Workshop

AM	21 Oct 2026	PM	25 Nov 2026	AM	24 Mar 2027	AM	16 Sep 2027

Times: AM - 9:00am - 12:30pm
PM - 12:00pm - 3:30pm

Investment

Individual ..... $325pp + GST

To view the schedule or to register in to the workshop click on the button below.

MORE INFO

In-house

All of our programs can be conducted as virtual or face-to-face In-house programs. Proteus can also customise an In-house program, tailoring it to your company's needs.

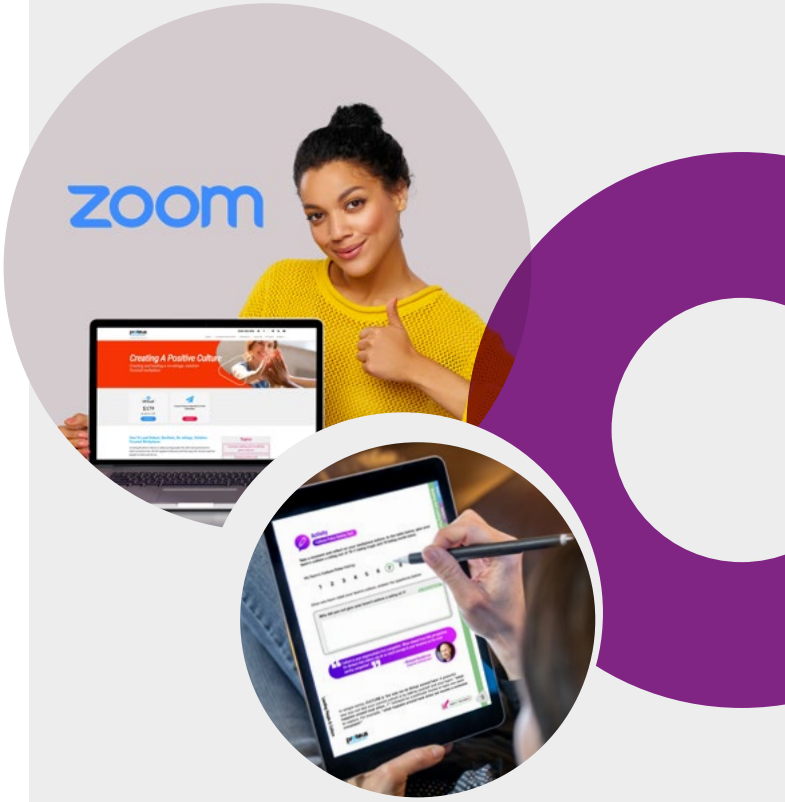
Contact our team to discuss your requirements on: 1300 219 903

Virtual

All of our public and In-house programs will be running through the Zoom platform. Remember, you don't have to sign up to Zoom to use it.

Benefits of training with Proteus

- ✓ *Interactive workbooks which allow participants to immerse themselves into a truly engaging experience.*
- ✓ *Virtual break out rooms are used to allow participants to work in smaller groups to complete activities and workshop ideas.*
- ✓ *World-class facilitators who are dedicated to helping people change their behaviour and actions.*
- ✓ *Inspirational and practical content that can be used immediately.*



Cancellation Policy:

Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. Refunds will not be given within 7 days of the program date. Transfers to another program date or a replacement person, can be made up to 48 hours prior to the program, if submitted in writing. No refunds or transfers can be made after this time. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

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