

Embracing the IMPOSTOR SYNDROME

Transforming Moments of Self-Doubt



With Richard Dore

CEO / Director Of Partnerships
Proteus Leadership

"The trick is to acknowledge these feelings of self-doubt, but not let them spiral into feelings of being an inauthentic phoney, or feeling 'underserving' as a person. Basically, be comfortable being uncomfortable!"

Except for narcissists, we all grapple with moments of feeling like an impostor.

Unfortunately, at times, we can allow these moments to overwhelm us, hindering our progress and causing us to miss out on opportunities for leadership and growth. Alternatively, we can recognise that these feelings don't make us fraudulent. Instead, we may simply be experiencing an 'impostor syndrome moment'. A very common part of everyone's journey – where there are important hidden truths that we need to learn from.

In this keynote, Richard will unravel strategies to embrace your impostor syndrome moments, transforming them into opportunities for personal and professional growth. He will also share tactics for navigating the fear of being 'found out,' encouraging us to lean into discomfort.

Through this process, we can foster growth, elevate our abilities, and boost our confidence to new levels.

Perth - **30 May**
Perth Convention & Exhibition Centre

Adelaide - **19 Jun**
Adelaide Convention Centre

Melbourne - **20 Jun**
W Melbourne

Brisbane - **26 Jun**
Brisbane Convention & Exhibition Centre

This Breakfast is directly followed by:

Having Conversations That Matter - Half-day workshop

With Grant Davis (GM of Education/Coaching/International - Proteus Leadership)

Register into the Breakfast (7.30am to 9.00am) and the Workshop (9.30am to 1.00pm) together at a reduced rate

Register Into Both

INCLUDING A DELICIOUS

Hot breakfast

7:30am - 9:00am (Local Time)
Registration from 7:00am

Breakfast
\$99^{pp}
+ GST

Corporate
table of 8
\$712
+ GST

Register

Online: **Register Now**

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Cancellation Policy:

Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. All cancellations/transfers must be received in writing. Refunds will not be given unless at least 30 working days notice prior to the program is provided. No refunds will be given after this date. A 10% (of total cost) administration fee will be deducted for all cancellations. If you are unable to participate, a substitute participant (transfer) is welcome if written notice is given prior to the program but will incur a \$75 administration fee. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.