



PROTEUS

**Online Learning**

*Flexible learning at its best!*

# MOVING FROM BUSYNESS TO EFFECTIVENESS

Find your focus and create more with less



**proteus**  
LEADERSHIP

*creating great leaders*

**Online Learning Program**

# Program Overview

This program will help busy leaders and teams to focus on their priorities and establish strategies to bring about sustainable behavioural change and transformational positive habits.

This is not just another time management program. This workshop helps participants to change the way they think, lead themselves and lead others.

This session will also equip participants with insights, tools and templates to move themselves and their teams from busyness to effectiveness.



## Topics

- Topic 1** A Culture of Busyness or Effectiveness (Your Choice!)
- Topic 2** Managing Your Energy Not Your Time
- Topic 3** Using The Ultradian Rhythm Model
- Topic 4** Understanding Your Key Result Areas

- Topic 5** The Digital Influence On Time And Energy
- Topic 6** Creating And Replacing Habits
- Topic 7** Using The Proteus E-Factor Model



## Online Learning

This workshop is offered as an **online learning program**.

This **self-paced** option puts the individual in control of their own learning whilst still offering the same level of interaction, resources and content as our face to face or virtual workshops.

Online learning is perfect for people who work full time, lead busy lives or like to learn in a flexible way that allows them to choose when and where they want to complete training.



## Investment Online Learning Program

### Self-paced Program

Participants can commence the program at any time throughout the year.

**\$295** per person + GST

### Group Bookings

Why not purchase a **Group Package** where multiple staff members can learn at their convenience? Email us today to discuss options: [online@proteusleadership.com](mailto:online@proteusleadership.com) or call us on: **1300 219 903**

## In-house

All of our programs can be conducted as virtual or face-to-face **In-house programs**. Proteus can also customise an **In-house program**, tailoring it to your company's needs. Contact our team to discuss your requirements on: **1300 219 903**

**Cancellation Policy:** Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. Refunds will not be given within 7 days of the program date. Transfers to another program date or a replacement person, can be made up to 48 hours prior to the program, if submitted in writing. No refunds or transfers can be made after this time. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

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