

Leading & Managing yourself



2026



"A very informative course that I'll be able to use to transform individual interactions with staff as well as team interactions and performance."

Kate Vickers

"An opportunity to gain insight into your own patterns of behaviour and how this affects your interaction with others."

Linda Lacey

"My experience on this course has been really good. The interactive workshop type delivery method keeps an active involvement going."

Vishesh Arora

Program Overview

Today like never before, organisations need leaders who are highly effective and produce results through people. Often leadership programs are focussed on getting the best out of your people to achieve great results, however, this program looks within and focusses on getting the best out of yourself.

To be the best leader we can, we must first look within and dedicate ourselves to a growth mindset. This program will assist leaders in understanding your own leadership preferences, exploring your strengths and areas to focus on.

This program combines reflection as well as practical tools to help you in your journey of insight and serving your people to your very best.

Topics

- ▶ Getting Yourself Right First
- ▶ Leadership Is For Grown-Ups!
- ▶ Understanding Your Role
- ▶ Establishing Clear Goals
- ▶ Working On The Right Stuff
- ▶ The Art Of Communication
- ▶ Servant Leadership
- ▶ Change The Way You Think

Investment

Virtual Program

Half-day Workshop

Morning Session - 9:00am - 12:30pm

\$325

 PP + GST

To view the schedule or to register in to the workshop click on the button below.

In-house

All of our programs can be conducted as virtual or face-to-face In-house programs. Proteus can also customise an In-house program, tailoring it to your company's needs.

Contact our team to discuss your requirements on: [1300 219 903](tel:1300219903)

Virtual

All of our public and In-house programs will be running through the **Zoom platform**. Remember, you don't have to sign up to Zoom to use it.

Benefits of training with Proteus

- ✓ **Interactive workbooks** which allow participants to immerse themselves into a truly engaging experience.
- ✓ **Virtual break out rooms** are used to allow participants to work in smaller groups to complete activities and workshop ideas.
- ✓ **World-class facilitators** who are dedicated to helping people change their behaviour and actions.
- ✓ **Inspirational and practical content** that can be used immediately.

Cancellation Policy:

Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. Refunds will not be given within 7 days of the program date. Transfers to another program date or a replacement person, can be made up to 48 hours prior to the program, if submitted in writing. No refunds or transfers can be made after this time. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

NB: Face-to-face programs will only go ahead if safe to do so. If not, the program will revert to a virtual format. All COVID-19 restrictions and regulations will apply.



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