



# Becoming an Emotionally Intelligent Leader

**Leading With Clarity, Confidence and Impact** 





## **Program Overview**

#### A Program For Every Leader And Their Team

In a workplace where pressure, pace and complexity are only increasing, emotional intelligence is no longer optional - it's essential.

This workshop gives you the skills to understand your emotions, manage your reactions, and connect more effectively with the people around you.

By learning how to bring insight, impulse control, empathy and strong relationships together, you'll lead with greater clarity, confidence and impact.

If you want stronger teams, a healthier culture and better results, this is the program that will help you get there.

## **Topics**

- What Is Emotional Intelligence?
- Why Emotional Intelligence Matters
- Becoming the best El version of yourself
- Understanding the Four Components of Emotional Intelligence
- Living with Insight, Impulse Control, Empathy & Strong Relationships
- Creating an Emotional Intelligence Action Plan

#### **Dates** - Half-Day Virtual Workshop

Feh

**Times:** 10:30am - 2:30pm (AEDT)

(Lunch break - 12:30pm - 1:00pm)

#### Investment

Individual **Group Booking** (6+ Delegates) All prices are in AUD

> To view the schedule or to register in to the workshop click on the button below.

> > **MORE INFO**

## In-house option

This program can also be run as a virtual in-house program.

# Special launch price: \$4,950

(up to 20 participants) Extra participants @ \$247pp

Valid for bookings before 12 February 2026

Contact our team to find out more on: 1300 219 903

#### Virtual

All of our public and In-house programs will be running through the Zoom platform. Remember, you don't have to sign up to Zoom to use it.

# **Benefits of training with Proteus**

- Interactive workbooks which allow participants to immerse themselves into a truly engaging experience.
- ✓ Virtual break out rooms are used to allow participants to work in smaller groups to complete activities and workshop ideas.
- World-class facilitators who are dedicated to helping people change their behaviour and actions.
- Inspirational and practical content that can be used immediately.



#### Cancellation Policy:

Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. Refunds will not be given within 7 days of the program date. Transfers to another program date or a replacement person, can be made up to 48 hours prior to the program, if submitted in writing. No refunds or transfers can be made after this time. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

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