

Presenting with Confidence

Getting Yourself And Your Ideas Heard

2026



"The program provided a great number of useful tips for people who may not be sure where to start when delivering a presentation."

Jacinta Goldsack

"The program was informative, well-constructed with all the necessary tools explained to prepare and present confidently. We also had an opportunity to prepare and present on the day which gave the program greater value."

Darren Broadbent

Program Overview

One of the most important skills that a leader can possess is the ability to communicate effectively. We are often called on to present information or strategy, or maybe to conduct a meeting; not having the appropriate skills can stop us getting an important message across, and may even impact on our career.

This program has been designed to give participants the communication skills and templates required to effectively deliver the message they want to get across.

The structures and templates introduced in this program are invaluable for any person wanting to gain confidence and to take that next step in their communication development.

Topics

- ▶ Introduction To Presenting With Confidence
- ▶ Dealing With The Fear Factor
- ▶ Building Rapport With Your Audience
- ▶ Having A Clear Objective
- ▶ The 5-Step SOSOR Roadmap
- ▶ The 4 P's Of Presenting
- ▶ Keeping the Flow
- ▶ Body Language And Making A Positive Impression
- ▶ The Art Of Telling Stories
- ▶ Presenting In A Virtual World
- ▶ Dealing With Difficult Or Hostile Participants

Dates - Half-Day Virtual Workshop

08

Apr

2026

03

Jun

2026

08

Dec

2026

Times: 9:00am - 12:30pm

Investment

Individual

\$325pp + GST

To view the schedule or to register in to the workshop click on the button below.

[MORE INFO](#)

In-house

All of our programs can be conducted as virtual or face-to-face In-house programs. Proteus can also customise an In-house program, tailoring it to your company's needs.

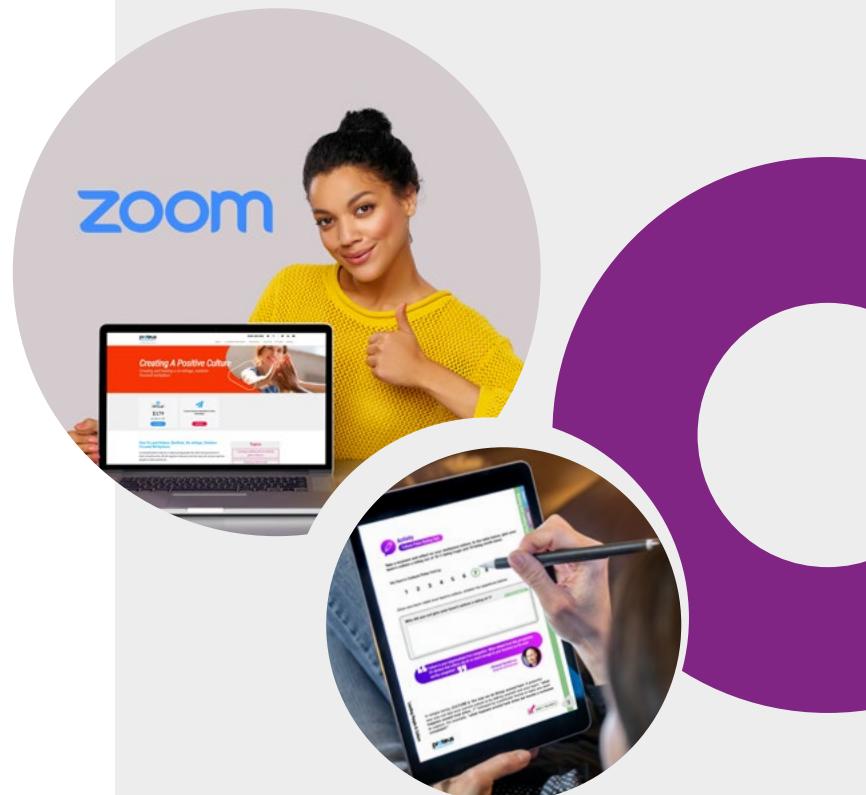
Contact our team to discuss your requirements on: [1300 219 903](tel:1300219903)

Virtual

All of our public and In-house programs will be running through the [Zoom platform](#). Remember, you don't have to sign up to Zoom to use it.

Benefits of training with Proteus

- ✓ [Interactive workbooks](#) which allow participants to immerse themselves into a truly engaging experience.
- ✓ [Virtual break out rooms](#) are used to allow participants to work in smaller groups to complete activities and workshop ideas.
- ✓ [World-class facilitators](#) who are dedicated to helping people change their behaviour and actions.
- ✓ [Inspirational and practical content](#) that can be used immediately.



Cancellation Policy:

Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. Refunds will not be given within 7 days of the program date. Transfers to another program date or a replacement person, can be made up to 48 hours prior to the program, if submitted in writing. No refunds or transfers can be made after this time. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

proteusleadership.com | 1300 219 903 | info@proteusleadership.com

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creating great leaders