

Workshop

proteus
LEADERSHIP
creating great leaders

COACHING WITH CONFIDENCE

Making Coaching Conversations An Everyday Leadership Practice

2026



"The course is practical, allowing for lots of interaction using real life situations, and that also makes it relevant."

Linda Mandin

"I found it practical, informative and interactive. The program provides a few short and sharp tips and hints as well as useful tools that can be applied back in the workplace."

Caroline Ferres

"Practical and engaging session with takeaways for those new to coaching and reminders for those already coaching."

Melissa Steadman

Program Overview

This virtual workshop will share the power of becoming a great everyday workplace coach. Participants will discover simple, effective strategies and practices using a powerful coaching model. As a result, participants will be able to have genuine, regular coaching sessions with their staff to support them in reaching their full potential. Leaders will learn how to establish a Growth Mindset across their team, along with using the 'GROW' model for high scaffolding performance outcomes and setting up future successors.

Participants will gain skills, knowledge and experience using the GROW model to help maximise their ability to coach effectively and develop their staff in reaching organisational objectives. This program will also give participants more confidence to create real and robust relationships when in a coaching role.

Topics

- ▶ Why coaching is now an everyday expectation and practice
- ▶ Embracing your role as a workplace coach
- ▶ How to establish a Growth Mindset
- ▶ An overview of the GROW coaching model
- ▶ How to deliver coaching sessions
- ▶ Practice, practice, practice!

Learning Outcomes

- ▶ Understand coaching as a daily leadership practice
- ▶ Adopt a growth mindset for development
- ▶ Use the GROW model to guide conversations
- ▶ Practice coaching to build confidence and improve performance

Dates - Half-Day Virtual Workshop

31
Mar
2026

26
May
2026

15
Sep
2026

Times: 9:00am - 12:30pm

Investment

Individual \$325pp + GST

To view the schedule or to register in to the workshop click on the button below.

[MORE INFO](#)

In-house

All of our programs can be conducted as virtual or face-to-face In-house programs. Proteus can also customise an In-house program, tailoring it to your company's needs.

Contact our team to discuss your requirements on: [1300 219 903](tel:1300219903)

Virtual

All of our public and In-house programs will be running through the Zoom platform. Remember, you don't have to sign up to Zoom to use it.

Benefits of training with Proteus

- ✓ Interactive workbooks which allow participants to immerse themselves into a truly engaging experience.
- ✓ Virtual break out rooms are used to allow participants to work in smaller groups to complete activities and workshop ideas.
- ✓ World-class facilitators who are dedicated to helping people change their behaviour and actions.
- ✓ Inspirational and practical content that can be used immediately.



Cancellation Policy:

Payment is required before the commencement of training. All payments within 7 days of the program date must be paid by credit card or direct debit. Refunds will not be given within 7 days of the program date. Transfers to another program date or a replacement person, can be made up to 48 hours prior to the program, if submitted in writing. No refunds or transfers can be made after this time. Proteus Leadership reserves the right to change the facilitators/speakers or the advertised price.

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